



## MANAGER/COACH-SAFETY PROTOCOLS

### TEAMS

Practices will be allowed in small groups; participation up to 12 (not including coaching staff). Those teams that have more than 12 players per team will split the team into two groups of similar sizes to practice next to each other with 60 feet of space apart. Teams cannot be modified once set.

### MANAGER/COACH CHECK IN

A Symptom check (COVID-19 Symptoms listed below) will be required for all Manager/Coaches. Please avoid from crowding up and creating a safety concern when checking in for practice.

**Note:** The Creekside parking lot will be closed and restricted access will be available only to members with disabilities that have the appropriate placard on their vehicle. This is to allow for more social distancing space.

**Check in and Symptom checks will be done by the BOD on Duty in the parking lot check-in station**

**Coronaviruses can cause mild to moderate symptoms like the common cold.**

**Symptoms of COVID-19 may include:**

- Chills
- Cough
- Diarrhea
- Runny nose
- Headache
- Sore throat
- Muscle pain
- The measured temperature is greater than or equal to 100 degrees Fahrenheit
- Shortness of breath or difficulty breathing
- Repeated shaking with chills
- Generally, not feeling well
- Loss of taste or smell

**Specifics for arrival and departure are listed in the Field Specific Protocols attached.**

## **EQUIPMENT SANITATION**

*Managers and Coaches will not be allowed to handle player owned equipment or personal items such as helmets, bats, gloves, water bottles etc.*

Disinfect all owned or shared equipment prior to use, once during practice as needed and before you leave the field. Equipment must be disinfected prior to the next practice session start time. Disinfectant spray will be provided by CVNLL and should be allowed to dry at least 5 minutes before use to allow kill time for bacteria and viruses. Please do not overspray and saturate equipment. Frequently disinfect any items that come into contact with players (bases, baseballs, L screens, league owned catcher's gear etc.).

### **DISINFECTANT SPRAY CLEANER USE**

Spray 6-8 inches from the surface, until surfaces are thoroughly wet. Treated surfaces must remain wet for 5 minutes. Allow to air dry.

## **FIELD COMMON AREA SANITATION**

Disinfect all field common areas such as field gate handles, cage gate handles, shed handles, bases, Nets, L Screens prior to use, once during practice as needed and before you leave the field. Field Common Areas must be disinfected prior to the next practice session start time. Disinfectant spray will be provided by CVNLL and should be allowed to dry at least 5 minutes before use to allow kill time for bacteria and viruses. Please do not overspray and saturate Field Common Areas. Frequently disinfect any items that come into contact with players (bases, baseballs, L screens, league owned catcher's gear etc.).

### **DISINFECTANT SPRAY CLEANER USE**

Spray 6-8 inches from the surface, until surfaces are thoroughly wet. Treated surfaces must remain wet for 5 minutes. Allow to air dry.

## **TRASH COLLECTION**

- Players and Coaches are responsible for disposing of their own personal trash.
- The last team on the field for practice on a particular day is responsible for emptying trash cans for their prospective fields/ Only managers or Coaches should be handling trash and should wash their hands or use hand sanitizer immediately after.

## **Safety Material**

- Face coverings are mandatory for all coaching staff.
- Players are not required to wear facial coverings during practice (only at arrival and departure).
- Hand sanitizer will be available to team Compliance officer for use.

## **Practice Fields**

Designated spaces for players to place their equipment will be along the fence lines. Markers will be set at a 6ft distance. Dugouts are not to be used except by coached staff to hang their personal items outside the dugout fence at a 6 ft distance. Do not allow players to intermingle or touch personal items such as water bottles, bats, helmets etc..

## **Practice Breaks**

- Provide at least one breaks per practice session. Players and coaches are encouraged to use hand sanitizer or wash their hands during this time.
- A 6ft distance should be maintained by players and coaches as much as possible while conducting drills or taking water breaks.

## **Other Mandatory Rules to Follow**

- Unnecessary physical contact, such as hugs, high-fives, etc. are not allowed.
- No Gum, seeds or spitting is allowed.
- Coaches must maintain six feet of distance from players and other staff whenever feasible.
- Practical Physical distancing will be enforced by coaches
- No parents will be allowed on the field.
- If a player or coach leaves the field during practice (bathroom break etc.). They must wash or sanitize their hands prior to re-entry.
- Fields must be left free from trash at the end of a scheduled practice.
- Managers and Coaches should ensure that players leave promptly after practice. Staying behind to play at the field or other common areas is not allowed at this time.
- Managers/Coaches should ensure that spectators are limited to one per player and that they stay in the designated viewing areas and maintain 6ft social distance from players and coaching staff.
- Touching of the face will be discouraged.

## **Field Specific PROTOCOLS:**

### **Eucalyptus Park**

- 1) **Players will check in and be COVID-19 symptom checked by a designated volunteer prior to engaging in activities. Check in will be at drop off area at the double gate next to trash dumpster**
- 2) **Players will enter the field on 3<sup>rd</sup> base dugout gate**
- 3) **Players will place their bags/equipment along the designated 6ft marked spots along the left field fence line.**

- 4) Spectators may observe from the left field fence line behind the players bag/equipment as long as they maintain a 6ft social distance from the playing field and others. Bleacher seating will be closed. Spectators are encouraged to bring chairs.
- 5) Players will exit the field through the opening in the centerfield fence to be picked up by parents.

## **Menzel Field**

- 1) Players will check in and be COVID-19 symptom checked by a designated volunteer prior to engaging in activities. Check in will be at drop off area at the chained off entrance at the end of the Pony field's right field fence line. Players will walk to field on the right side of the pathway.
- 2) Players will enter the field on 3<sup>rd</sup> base dugout gate
- 3) Players will place their bags/equipment along the designated 6ft marked spots along the left field fence line.
- 4) Spectators may observe from the left field fence line behind the players bag/equipment as long as they maintain a 6ft social distance from the playing field and others. Bleacher seating will be closed. Spectators are encouraged to bring chairs.
- 5) Players will exit the field through the gate at the end of the left field fence line and walk to pick up area, walking on the right side of the path to be picked up by parents.



## COVID-19 SYMPTOM CHECKLIST

### Symptom Check:

1. Cough? \_\_\_\_\_
2. Sore throat? \_\_\_\_\_
3. Shortness of breath? \_\_\_\_\_
4. Difficulty breathing? \_\_\_\_\_
5. Loss of taste or smell? \_\_\_\_\_
6. Chills? \_\_\_\_\_
7. Muscle pain? \_\_\_\_\_
8. Headache? \_\_\_\_\_
9. Diarrhea? \_\_\_\_\_
10. Allergies? \_\_\_\_\_
11. Are you living with anyone who is sick or quarantined? \_\_\_\_\_
12. Have you had a fever or felt feverish (100 degrees or higher)? \_\_\_\_\_
13. Have you been around anyone exhibiting these symptoms with the last 14 days? \_\_\_\_\_
14. Have you been around anyone that has tested positive for COVID-19? \_\_\_\_\_
15. Have you traveled out of the country within the last 14 days? \_\_\_\_\_