



# YOUTH SPORTS RE-OPENING PROTOCOL

## STEP 2 – Individual and small group training only

(NO GAMES/All Parks Closed at 8pm)

*Youth Sports programs must implement all measures listed below to ensure health and safety of all patrons.*

**A. Each team may have multiple groups of up to 12 participants per coach.**

- The number of teams offered will depend on the size and availability of each facility.
- When there are multiple teams scheduled, practices will have staggered schedules with no less than 15 minutes between, so as to limit contact with other teams.
- Each team will have the same coaches for the entire season to further limit additional contact.

**B. General Safety Precautions:**

- Any coach or participant who are sick or who have recently had close contact with a person with COVID-19 must stay home.
- All coaches and participants shall receive temperature screening upon arrival and shall not be allowed to participate if their temperature is 100 degrees or higher.
- Face coverings must always be worn by all, except by participants while in play.
- No celebratory physical contact (high fives, fist bumps, etc.)

**C. Measures to Keep People At Least Six Feet Apart:**

- Members of household units must observe physical distancing of six (6) feet from members of other households.
- Spectator benches/bleachers will be cordoned off. Spectators are encouraged to remain in their vehicle until the end of practice. If spectators choose to view from the sidelines, spectators may bring their own chairs, to be placed no less than six (6) feet apart unless they are members of a household unit. Coaches and/or league representatives will be responsible for ensuring spectators maintain physical distancing.
- Coaches, participants, and game officials must observe physical distancing when not participating in game play.
- Placing signs throughout the facility reminding all participants to remain at least 6 feet apart.
- Placing tape or markings at least six feet apart in any area where participants may form a line.
- Coaches will train all participants on all protocols in place.

**D. Personal Equipment/Attire**

- Participants shall not share sports attire (gloves, towels, jerseys, etc.)
- If equipment is brought by the individual participant, they shall ensure it is sanitized before and after use.
- Staff is not responsible for personal articles left behind

#### E. Shared Equipment

- Shared game equipment (balls, bats, etc.) should be sanitized and swapped out regularly.
- Participants shall not pick-up field equipment, move or handle other necessary training equipment.
- Field set-up should aim to use minimal equipment

#### F. Facilities

- There will be signage at each facility to inform participants not to enter the facility if they have a cough or fever; maintain a minimum of 6 feet distance from one another (other than family/household members); and to wear a face covering
- Benches/bleachers will be cordoned off or removed to prohibit gatherings.
- Restrooms will be sanitized regularly.

#### G. Snack & Concessions

- Snacks/ drink bottles shall not be shared.
- The use of sunflower seeds or any spit inducing items is prohibited.
- Concessions should be "grab & go" and meet all County Health guidelines. Payment should be made by payment card if possible. If cash is used, it should be done at an outward facing window/door. Barriers between staff and patrons recommended.
- League is responsible for routine cleaning and sanitizing of common areas in concession stands.

#### H. Illness or Injury

- **If any coach or participant exhibits symptoms of COVID-19 (fever of 100+, nausea, chills, cough, sore throat, etc.)**
  - Coach or participant should immediately be required to wear a face covering and be separated from their group until they can be transported home or to a healthcare facility, as soon as practicable.
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  - Parents/guardians will be contacted immediately to pick up the participant.
  - For serious injury or illness, call 9-1-1 without delay. Seek medical attention if COVID-19 symptoms become severe, including persistent pain or pressure in the chest, confusion, or bluish lips or face.
  - All parents/guardians of participants that were in contact will be notified of a potential exposure. Coach is to notify City representative and league representative immediately of potential exposure. League is responsible for documenting potential exposures and following up with coach or participant and notifying City once determined coach or participant has received results from COVID-19 test.
  - Those who were found to have had especially close contact with the coach or participant will be advised to quarantine, self-monitor for symptoms, and follow CDC guidance if symptoms develop.
  - Sick coaches or participants shall not return to the team until they have met CDC's criteria to discontinue home isolation.
- **If any coach or participant tests positive for COVID-19**
  - League representative must notify local health officials, city staff, and all families immediately of any positive case of COVID-19 while maintaining confidentiality as required by state and federal laws. Advise any sick coach and participant not to return until they have met CDC criteria to discontinue home isolation, including 3 days with no fever, symptoms have improved and 10 days since symptoms first appeared.

#### I. Monitoring Protocols

- League representatives and city staff will be used to monitor compliance.

- All coaches must be thoroughly trained on these protocols and will enforce them with their team and spectators.
- Participants will be asked to leave the facility immediately after play.
- Those not adhering to this protocol will be asked to leave the facility immediately.
- Failure to adhere to these protocols could result in the loss of permission to use the facility

I hereby acknowledge that I have read and fully understand the contents of this Protocol. I agree to adhere to the requirements stated above.

Chula Vista National LL  
Organization Name

Edgar Lim  
Organization President Name (Print)

Edgar Lim  
Organization President Signature

6/13/20  
Today's Date

If you have any questions, please contact Gil Contreras at [gcontreras@chulavistaca.gov](mailto:gcontreras@chulavistaca.gov)